

China News Insights

January 2022

Chinese New Year is around the corner. Modern Terminals would like to wish you good health and fortune in the Year of the Tiger! Kung Hei Fat Choy!









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Interesting Facts about Chinese New Year

Chinese New Year is the most important festival of the year for Chinese people around the world. Also known as the Spring Festival and the Lunar New Year, the holiday period is marked by fascinating traditions and activities.

Divided into 12-year cycles, the Chinese New Years are named after the animals of the Chinese zodiac. The Year of the Tiger begins on 1 February 2022.

The celebrations during the Chinese New Year include...

Lucky Money

Distinctive red packets containing money are prepared by married couples and the elderly and presented to children in order to ensure their health and safety through the coming year. Often, this money is either saved or spent on school supplies.

New Red Clothes

It is believed that wearing new clothes will get the new year off to a proper start. If these clothes are red, so much the better, as red is a highly auspicious colour. To begin the new year, families dress in new red clothes to ensure their continued good fortune.

Fireworks /Firecrackers

Firecrackers have been an important Chinese New Year custom. Less practiced in the big cities today due to noise and safety concerns, rural communities still get the new year off to a joyful and noisy start, as the fireworks explode and drive away bad spirits.

Auspicious Food

Food is a major part of the Spring Festival, with many dishes eaten to bring good luck and prosperity. 'Niangao', the name of a Glutinous New Year Cake, means 'getting higher year after year'. Eating this cake during the festival will ensure increasing health, prosperity or good fortune. Round rice dumplings called 'tangyuan' symbolise the reunion of family, while lotus seeds signify a family's prosperity through the generations and the fact that they will have many children.



